

# Low Carbon and Sustainability

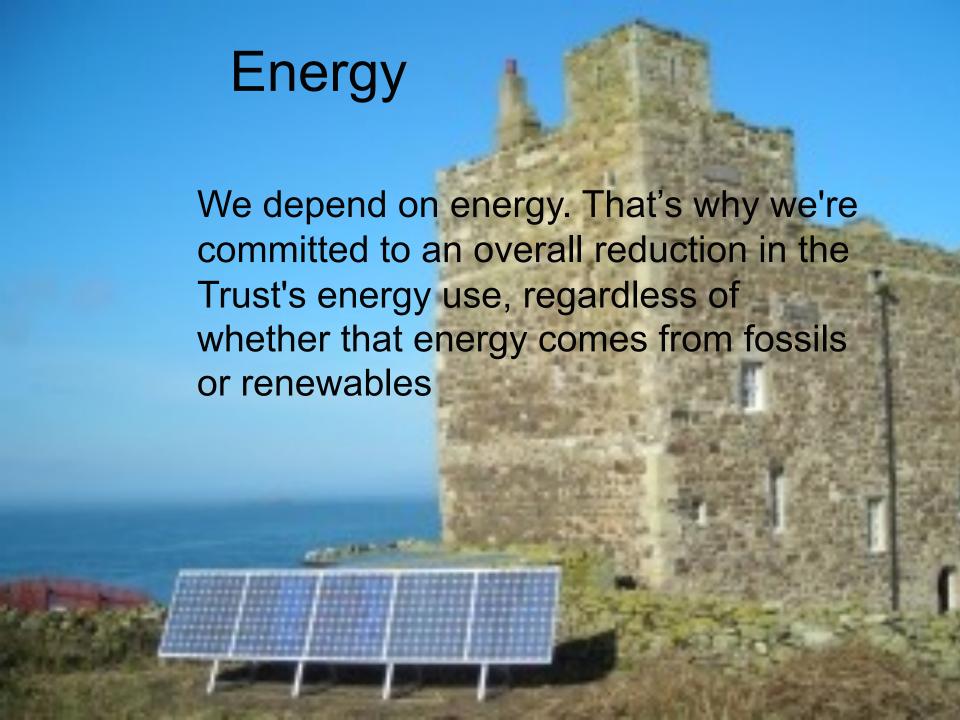
A low-carbon economy has a minimal output of greenhouse gas emissions into the environment biosphere, but specifically refers to carbon dioxide. Emissions due to human activity are increasingly either causing or worsening climate change (Wikipedia)

### Definition of sustainable

'able to be maintained at a certain rate or level'

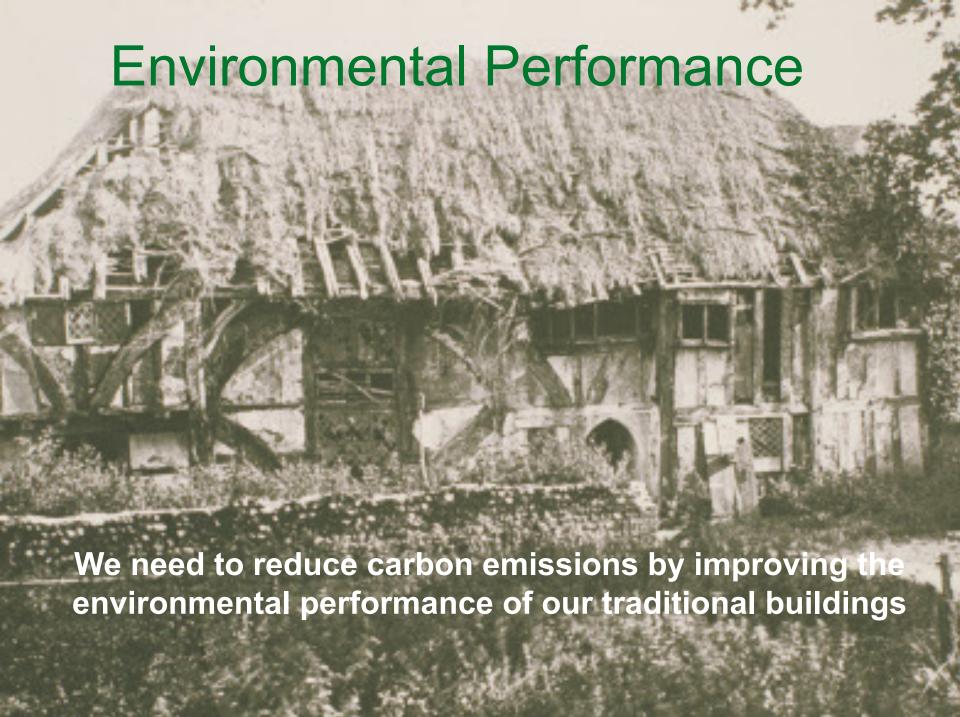








- Our number one priority is to promote energy saving in our everyday activities
- Wherever possible, we also aim to replace fossil fuels with cleaner or renewable sources such as hydro, solar and wood fuel
- Our wider energy strategy is about engaging with supporters, partners, communities and tenants



# The National Trust Approach - 'Bronze Standards'

- Low-cost, relatively unobtrusive and therefore feasible for most existing buildings
- Incorporated into buildings during repainting/ refurbishment works and short term cyclical (STC) programmes over the course of five years
- Many buildings will already have some of these measures in place

## **Priority 1**

- Maximum roof insulation
- Draught proofing

## **Priority 2**

- Water-saving measures (eg water meters, flow controllers, leakage prevention, low-flow taps, lowvolume flush cisterns, and low-water use showers)
- Rainwater storage, re-use of underground cisterns etc

## **Priority 3**

- Efficient boilers
- Heating controls (eg Thermostatic Radiator Valves)
- Efficient lighting systems (eg. passive infrared (PIR) controlled, low energy, zoned, etc.)
- Wood burning stoves
- Standards specific to retail/ catering outlets (eg ventilation systems with heat recycling units, smaller dish washers, efficient energy rated appliances etc)



# **Buscot and Coleshill**

http://www.youtube.com/watch?v=XvZcMAdCfs8

















# Consultancy Skills Training

3.5 Higher Education, Degrees, BAs MSc, Masters etc

Training Provider	Course Title	Training Days
Anglia Ruskin University,	Building Conservation MSC	Enquire
Architectural Association, School of Architecture, Bedford	Building Conservation PGDip	Enquire
Bath College	Stone Conservation	36 weeks Full Time
Bishop Grossetes Lincoln	Heritage Studies BA Hons	Enquire
University of Greenwich	Building Rehabilitation	Enquire
Camberwell College of Arts, London	Conservation MA	Enquire
City & Guilds of London Art School	Diploma in Architectural Stone Carving/Conservation PGDip	3 years
City and Guilds of London Art College	Wood Carving and Gilding PGDip	Enquire
Edinburgh College,	Architectural Conservation MSc	Enquire
Herriot Watt University	Building Conservation MSc/ PGDip	Enquire
Institute of Archaeology, University College London.	Principles of Conservation	Enquire
Oxford Brookes,	Historic Conservation MA/PGDip	Enquire
Portsmouth University	MSc Historic Building Conservation	Enquire
University College Dublin	Urban and Building Conservation MUBC	Enquire
University of Bath	Building Conservation MSc	Enquire
University of Birmingham and Ironbridge	Historic Environment Conservation	Enquire
University of Cambridge Institute of Continuing Education,	Building Conservation Cert H	Enquire
University of Central Lancashire	Building Conservation and Regeneration MSc	Enquire
University of Derby	Architectural Conservation	Enquire
University of Lincoln	Conservation Studies Grad Dip	Enquire
University of Northumberland	Preventative Conservation MA	Enquire
University of Plymouth	Architectural Conservation Ma	Enquire
University of Sheffield	Conservation and Regeneration.	Enquire
University of York	Conservation Studies (Historic Buildings) MA	Enquire
Weald and Downland	Building Conservation MSc/Timber Building Conservation MSc	Enquire
West Dean College	Building Conservation MA/PGDip/ Conservation Studies MA	Enquire
Weymouth College	Stone Masonry Conservation	Enquire

ConstructionSkills website:

http://www.citb.co.uk/

# What knowledge infrastructure do we have?

#### **Building Design Guides**



#### **Building Specifications**



#### Formatted Knowledge



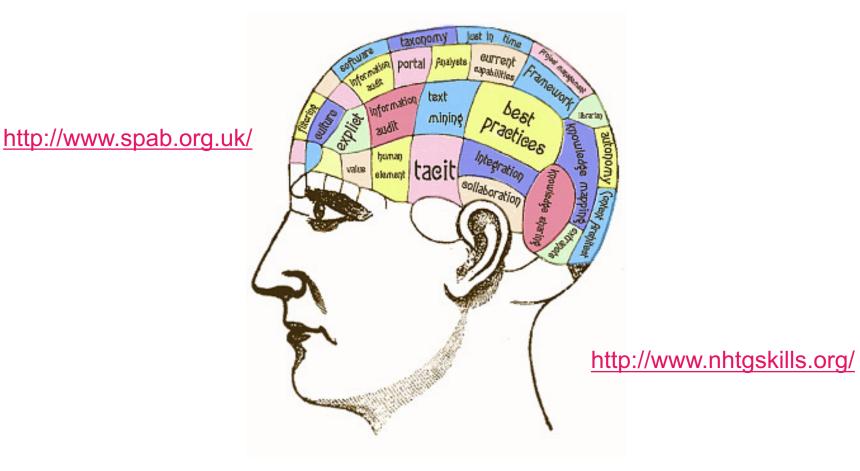
#### **Knowledge Capture (Templates)**





# **Knowledge Sharing**

http://www.historic-scotland.gov.uk/



http://www.english-heritage.org.uk/



## **Best Practice 'Retrofit'**

# STBA

SUSTAINABLE TRADITIONAL BUILDINGS ALLIANCE

Created to promote a better understanding and more informed approach to traditional buildings by both mainstream and heritage crafts and professions

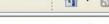


# Best Practice 'Retrofit' STBA Aims

- Identify what knowledge exists
- Assess knowledge quality
- Undertake gap analysis
- Identify actions needed to fill gaps & uplift quality
- Recommend risk analysis approach

www.retrofitbuildings.com

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Projects

#### Building design guides

Sneak preview

Adaptive reuse

Catering

Conservation

Cottage refurbishment

Engagement

Environmental

Hub design

Landscape & external works

Lighting

New build

Visitor Receptions

Security

Sustainable technology

Technical notes

Wildlife adaptations

Standard prelims

## Building design guide case studies

**Places** 

Home ► Caring for Places ► Managing historic buildings ► Buildings ► Projects ► Building design guides

Essentials

Page owner: Ingrid Chesher Last updated: 21 May 2013

Welcome to the Building Design Guide, a collection of case studies offering best practice and lessons learnt from a variety of building projects. This knowledge base is here to help you save time and money, by drawing attention to aspects of projects that have worked particularly well, as well as those that haven't. Please use these case studies and their related specifications to help inform your project planning and design.

Building projects come in all shapes and sizes, so to help you find the case study for you we have split them up into the following sections - just click on a title to find out more:

#### Adaptive re-use

Have you found a new use for one of your redundant buildings? Perhaps you'd be interested in reading about other examples of re-use across the Trust. The Snuff Mill at Morden Hall, for example, was an historic mill building that required significant improvements to house education facilities. This case study documents a suspected anthrax discovery, plus various other project management and contractual issues encountered along the way.

#### Catering

Planning a new or refurbished restaurant in line with our new Commercial Strategy? Have a look at the case study for Killerton Kitchen. This project set out to be the first design-led refurbishment of a restaurant within the Trust.

#### Conservation

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Our People



Latest case studies

Castle Ward multi-purpose trail system

What do you think?

Please take a few minutes to give us your feedback on this resource -Building Design Guide survey 🗗



Building Design Guide example / NT

#### My quicklinks

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Spotted a mistake?

- Collections Management System -
- e-Expenses
- Gardens and Parks Plant Database 🗗
- GIS Browser 🗗
- MYplace login r
   □
- NTPL (photo library) 🗗
- Ontrack Training 🗗
- Property System
- Property System Reports 🗗
- Records & Archives
- Room booking (Heelis & QAG) 🗗
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ebook

Sustainable technology building design guides

Are you trying to decide which type of biomass boiler to go for, or

whether a heat pump would be more suitable in your location? In

addition to our Environmental project case studies we have been

around the Trust to share with you. On this page you will find case

collating feedback on different types of energy installation from

studies for projects involving biomass boilers and fuel storage,

energy saving measures, heat pumps, hydro, photovoltaic and

solar thermal installations and wind turbines.

Places

Essentials

Home ▶ Caring for Places ▶ Managing historic buildings ▶ Buildings ▶ Building design guides ▶ Sustainable technology

Page owner: Ingrid Chesher Last updated: 22 Apr 2013

#### Building design guides

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Sneak preview

Adaptive reuse

Catering

Conservation

Cottage refurbishment

Engagement

Environmental

Hub design

Landscape & external works

Lighting

New build

Visitor Receptions

Security

#### Sustainable technology

Technical notes

Wildlife adaptations

#### Related content

Environmental building case studies Green projects case studies in London & South East

Minimum environmental standards for all Trust buildings

Environmental Practices Section Wood fuel specifications

#### Biomass boilers

Property	Key features
Calke Abbey wood chip boiler,	involved direct labour team
Derbyshire (PDF 850kb)	new build Energy Centre
Replacing inefficient LPG-fired boilers	two 145kW wood chip boilers (installed capacity 290kW)
and electrical storage heaters with a centralised renewable technology, August 2011	below ground fuel storage bunkers
Chirk Castle pellet boiler,	renewable technology in Grade I listed building
Wrexham (PDF 370kb)	<ul> <li>modular wood pellet biomass system</li> </ul>
Replacing the oil heating system with	<ul> <li>supplemented by solar thermal</li> </ul>
a low carbon equivalent, August 2009	low maintenance requirement
Coleshill Village, Oxfordshire (PDF	Low Carbon Village project
640kb)	<ul> <li>new heating system for Estate Office, holiday cottage an</li> </ul>



Spotted a mistake?

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Local intranet















Environmental

Gibson Mill, West Yorkshire



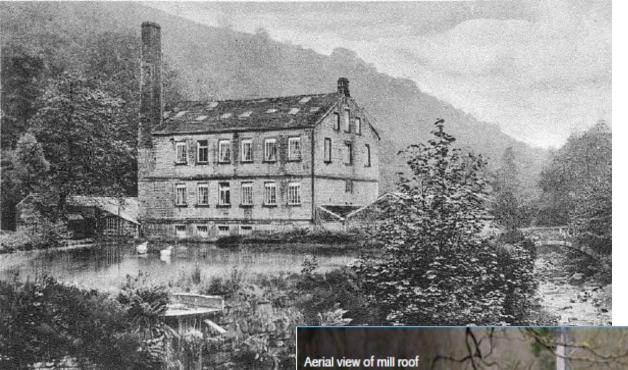
# Visitor & education facilities

Renovation of a nineteenth-century mill

September 2005

- low carbon footprint
- local amenity
- access for all
- new technology in a traditional building
- photovoltaics
- use of natural materials





# Gibson Mill

Before



After



# Sustainable technology case study

- replacement of three mains gas boilers
- 60kW log batch boiler with 3,150 litre thermal store
- part of Low Carbon Village project
- five Consolar Plano 27 flat plate collectors



## Biomass boiler with solar thermal

New heating system for Estate Office, holiday cottage and village shop, November 2011



#### **Building design guide**

- highly energy efficient historic building
- renewable energy generation including solar slates, heat pump and hydroelectric turbine
- demonstration centre testing energy efficient products
- retaining architectural integrity of original stable yard
- European partnership



# **Heart of the Park Project**

Sustainable renovation of a Victorian stable block into a new visitor centre, November 2011

# Morden Hall

Test bed for multiple Green technologies

Renewable energy generation/ demonstration project including:

Solar slates

Solar thermal panels

Hydro scheme

Insulation trials

Green roof

**PV** panels

**Air Source Heat Pump** 

**Wood burning stove** 

**Glazing trials** 

Rainwater harvesting

All applied to historic Victorian stable yard and buildings

dian.co.uk/environment/2012/jul/19/hydroelectric-turbine-energy-london

nergy creation arrives in London | Envi....









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Environment Hydropower

#### Hydroelectric energy creation arrives in London

Morden Hall Park is home to London's first hydroelectric turbine, costing £350,000 and generating enough energy for 18 houses

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Article history

#### Laurie Tuffrey

guardian.co.uk, Thursday 19 July 2012 12.07 BST

Jump to comments (89)

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Hydropower · Energy · Renewable energy

#### **UK news**

London · The National Trust

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#### More on this story



Why is the National Trust investing in renewables while fighting a windfarm? Chris Goodall: The trust's opposition to wind turbines outweigh its heavily publicised efforts to improve its

Today's best video



The radical Catalan nun on a mission Sister Teresa Forcades calls for an alternative to capitalism and accuses the Catholic church of



Black bear found up tree in suburban garden 300lb bear discovered in garden in Tampa



The 'Archimedes screw' turbine is manoeuvred into place in the River Wandle, by Morden Hall Park, south London. Photograph: Frantzesco Kangaris for the Guardian

London's first hydroelectric turbine was installed at Morden Hall Park on Wednesday - following some heavy lifting by eight workers and a crane mounted on the back of a flatbed lorry.

The National Trust estate have had the turbine, decked out in the

cscs fiericage gold card - doo...

## **National Trust Going Green**

Fit for the Future "The way to get started is to quit talking and begin doing." Walt Disney



Category Archives: insulation

#### Insulation in a wet country with old buildings. Implications for Green Deal

Posted on April 18, 2013 by Keith Jones

Earlier in the week we set up a training event for the buildings team here in Wales and few others in the little tin village hall which the NT refurbished 6 years ago at Ganllwyd in N Wales. The main ... Continue reading  $\rightarrow$ 

Posted in <u>energy efficiency</u>, <u>insulation</u> | Tagged <u>efficiency</u>, <u>external insulation</u>, <u>Fit for the future</u>, <u>Ganllwyd</u>, <u>hidden hydro</u>, <u>insulation</u>, <u>Keith Jones</u>, <u>National Trust</u>, <u>National Trust Bloq</u>, <u>Paul Southall</u>, <u>problems with insulation</u>, refurbishment project, SUSREF, ventilation control, western climate | Leave a comment



Ashden Gold Award 2012











# Craft Skills Training

#### 3.2 Heritage Specific Training with a duration greater than 5 days

Training Provider	Course Title	Training Days
Pro Gerard Lynch, Woburn Sands, Bedfordshire	Brick Heritage Specialist Apprenticeship	30 days
Coleg Sur Gar	Enquire	Enquire
Craven College	NVQ Diploma Heritage Brickwork, Joinery and Plastering	8 months
City of Glasgow College	Taking Care of Older Buildings	Enquire
Stone Federation Great Britain, Fountains Abbey Ripon & Woodchester Mansion South West	Stone Masonry Conservation, Specialist Apprenticeship and Upskilling	20 days 5 days
Lead Sheet Association, Kent, South East	Lead Heritage Specialist Apprenticeship	15 days also bespoke courses
Oxford and Cherwell	Restoration Introduction	5 weeks
Princes Foundation Apprenticeships	Apprenticeships	8 months
South Coast Roof Training, Little Hampton East Sussex	Roofing Heritage Specialist Apprenticeship	30 days
Flood Brothers, Kingswood, Bristol, South West	Solid and Fibrous Plastering, Heritage Specialist Apprenticeships	15 days
South Coast Roof Training	Level 3 NVQ Diploma	30 days
Society for the Protection of Ancient Buildings	Various	enquire
Society for the Protection of Ancient Buildings	William Morris Craft Fellowship (various Crafts)	9 Months
West Cheshire College	Enquire	Enquire
York College	Stone Conservation	8 weeks

ConstructionSkills website:

http://www.citb.co.uk/









# **Fountains Abbey Retrofit Course**

In partnership with CITB-ConstructionSkills:

- Traditional Buildings & Materials skills, knowledge and expertise
- Traditional Buildings & the Principles of Repair & Maintenance
- Energy Use in Historic Buildings
- What the Building Tells Us Research & Design for Future Use
- Introduction to Renewables
- Practical Demonstrations/ Trade Stands



#### iational triist's

#### irst trainee Joiner

YEAR ago Collism McCaffrey was naking picture frames in a coastal

contemp prisons treams as COSSESS.

Now it part ZL be it a including the management of the Management

good doors at the neet of the Lumino-levy health Pickers Sweet.

Desir their his has been working an part of a least gradually contring soid commong this samplings house.

Moure Sweet was gradual house with House Sweet was grad to the listing Desir by last Sample 1976, and this house were seed to be been used her goods in November 2838. While some repair work had been

untied out to the early days of the Retresal Trust involvement, 65 handth to her later years mount Lady Maen could not tolerate the reservation disruption that it to now in full every as Lady

Main's desgiver Lady Rose Laucitum. the current family representative, is repowned for her deep laterest in the work being cirtied out and her watchful

With a failing drainings syntem, rewriting walls, codings and activenes, need for a new ownservation heating system and a total rewise, the National Irost agreed it was line to layest and stop that not before it was too late.

And Lady Rose has found a special

place in the world of the trust's nevent and youngest employee endeamouring to rectors her family home for generations

Callings suid: "I wasted to do something size for Lady Bose because I find so privileged to be larging restore and removate her family home.

'As part of the work we had e replace wooden flourboards and poteta under the finar bounds in one area of the house and I managed to salvage enough good wood to make a bowl for but

"I was a perfect little place of

"I thought making the bowl was a nice thing of oil to be so happy to receive it.

"But now I travels with her



If I get to very old age I can come back to Mount Stewart, look at my work & say with pride: I did that?



# Scheme Promotion

Callum McCaffrey, Apprentice Carpenter, **Mount Stewart** 

ness in Venice for the wrater, And will last forever and there's something Two been told she plans apecial about thes.

This house to me is a living and to bring it back to "This house to me is a living and breathing thing, a place where there has the apring and been a lot of lave and fun and incredible states in technology."

the appring and been all of cleave and fan and noveelike summer.

It mins there's strices in inclinately assumething aire house of me are and we're working an about her being setting if book is in engined spletchout bits of take a being spling if book is in engined spletchout bits of the found of the house itself had reached a shope there is not been always to be a summer to be

will be but I was just myself and my love for this used as typo of horizage and my gooky love of a family wood segmed to convince them I was the hairloom man for the job.

for hundreds "Most lade my age one burn partying of years to cottle. and night-clubbing, but to be honest if just doesn't interest me. I love to go out

rewarded his enthusiann and responsibility. Not only has Callum

apprentionship but he tay every as Shanghat in works and explain how they are so different in care in the work

Callum said: Tim hast not out time but there's more to life than just

These a channe to have sumething the pool of the fathing seeds for future guidenties of people for to come to Moure Stewart, look at young and citi and that maines me feel my work and say with pride. I did that."

with my briends and my girlfitend but good." Callum was allowed to get his my hobby, my passion and my job are all hands on a very major part of the restricted unto one and I think that makes me a perty halty person."

The National Trust has me girlfit places on the product professional manufacture of the product of the main Tim the spools man. They let me girlfit places on the product me get my hands on the spiridles and I think that's very

> Twant people walking spindles to wonder about the craftsman who put love and care into the work.

of which about 100 are needed



# **Awards**

Jenny Sibley - winner of the South West heat of Dulux Decorator Centres' 2013 Apprentice of the Year competition

# HLF Funded Traditional Skills Bursary Scheme (Displaced Apprentices)

- £760,000 provided from HLF
- 20 Displaced Apprentices recruited to date (7 at National Trust estates)
- Further 10 in place by January 2014 (total of 30)
- 45 placements in total (including short duration)

# THE TRADITIONAL BUILDING BURSARY SCHEME FOR DISPLACED APPRENTICES













Home

About

Placements

Applications

News

Contact

Location: Home

#### Traditional Building Skills Bursary Scheme











An innovative, flexible and inclusive work-based training scheme to help displaced apprentices complete their apprenticeships, gain a vocational qualification, and develop their building skills to work on older buildings.

> Click here to find out more.

## Skills/ Low Carbon – Now & in the Future

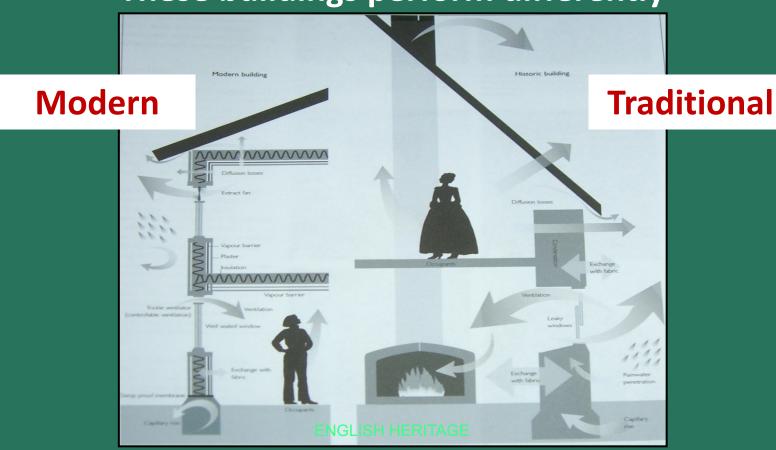
## Opportunities:

- Green Deal/ ECO (Energy Company Obligation) finance?
- Monitoring (smart metering, performance benchmarking etc)
- On site generation
- Carbon Trading

# \*\*

## THE PROBLEM!

## These buildings perform differently



but this is not understood by most people, even Contractors



## Walls – What is the Thermal Value?

# Solid Walls U-Value Research by the SPAB Solid wall (homogenous)



#### Wall build up

**46.3% better** 

Lime Plaster 15
Granite 400
Cement render 13
Lime roughcast render 25
Overall 453mm

Insitu U-value 1.75 W/m<sup>2</sup>K

Build Desk U-value 2.56 W/m<sup>2</sup>K



## Walls – What is the Thermal Value?

#### Walls with Cavities – Limestone & Plasterboard





#### Wall build up

**95.9% better** 

Gypsum skim	3
Plasterboard	13
Cavity	10
Limestone (ashlar)	170
Overall	196mm

Insitu U-value 0<mark>.96 – **0.97** W/m<sup>2</sup>K</mark>

Build Desk U-value 1.90 W/m<sup>2</sup>K

(Without Dry Lining =  $2.0 \text{ W/m}^2\text{K}$ )

## Skills/ Low Carbon Agenda - Now & in the Future

## Emerging understanding of challenges:

- Traditional building understanding issues with 'U' values
- Research (BRE, STBA, EH, SPAB, Historic Scotland)
- Retention of Skills (NHTG Reports)
- 'Retrofit' training short courses, National Occupational Standards (NOS)
- Accredited degrees/ Masters courses in Heritage & Sustainability